



Medicine and Violence

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While these two words do not suit each other, patient-healthcare provider (HCP) relationship can be troublesome on some occasions. This may vary from an unpolite conversation raising voice, using threatening words, hitting each other and causing wounds and on rare occasions going further and bringing weapons such as pistols, knives, ...etc. to the health care facility, leading to death of a HCP as well. Before we start discussing the issue of violence in medicine era, I think we need to assess in details of the word 'violence'. It may be due to ego problem during a simple relationship or all about money as in between corporates. So, why and how does it happen in cases of medicine? In other words, medicine itself has been more often used with mercy (compassion), and representatives of the health and health policies are expected to meet the needs of the patient or his or her relative assuming that they understand one's feeling of pain more than an average person in the public. In addition to this power of healing has been abused by some missionaries by providing doctors, sisters and hospitals for those who are lack of them in the history. Again when we are in the society and talking about money as men and women, patients and doctors, nurses and pharmacists and the government, then the issue of intolerance, forgetfulness of the hippocratic oath, debate on the problem of unfair working hours and night shifts, raising voices for unequal distribution of compensation, criticism for unsuccessful management of a facility and so on will arise making our day miserable and our hopes a nightmare. Civilization although a political word as well, but it can easily represent respect, patience, tolerability and empathy. Let's ask another question: how can violence take part in a civilized society? The simple answer is that either that society does not have enough criteria that meet the needs of that word or civilized countries or societies are giving a start to change their policies in health management which definitely is a brand new appearance for their people (1,2).

There are number of reasons for a change to shape new medical policies of a country:

1. Health care costs are strikingly high and increasing year by year depending on the economic crisis present at least for the last couple of years. While health care expenditures can not be measured easily -it is always more than the estimated scores- since full capitalist approach for a patient treatment that considers expenses strictly may lead to an increase both in morbidity and mortality which is however unacceptable by the humanity and even -honestly saying- by the politicians which the consequences will definitely give rise to loss of their power during upcoming election.
2. Increasing number of population is another problem while re-shaping the healthcare expenses and unsatisfactory education of this next generation may further complicate the problem. This huge number of people will need more HCPs and medical facilities either serving as outpatient or in-patient so as to have enough time to let their care givers listen to them properly and satisfactorily. More patients are in queue today so as to obtain their health desires regardless of their payments either as a private or a government based health insurance coverage in many countries, today. Any of these health seekers (patients) think that they have to be the first reaching out to that service, feeling that they all have their own priorities so as to get into the examination room. But lack of time and lack of education will lead to an unacceptable dialogue and increasing anger and disappointment are inevitable.
3. There is always a harmony in a population where the expenses are being managed wisely, but if the cake representing the total amount of health plan gets divided unequally one day, this will cause an earthquake-like effect in the center of the society and sides start hitting and even beating each other putting forward a proposal such as many defense mechanisms ' I need to sur-

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vive', 'there is inflation in this country', 'more money is needed so as to help more workers get into job',...etc.

4. Apart from the government policies, perceptions of HCPs leading to providing mobbing to each other, -worst of it- all towards to one causing discomfort, disappointment and dissatisfaction as well as feeling loneliness at the working place. These are all wasting time, losing qualified people and of course chucking out the money.

In summary, there is violence between patient or relative of him or her and the HCP, and there is also violence among HCPs owing to the diminishing piece of cake remaining which is provided by the updated government policies or the inter-university board or the university board agreements that may help separate the scientists into groups who recognize their peer as the 'Other'. Health care is critical, expensive and does have priority. So government policies should be addressed taking into consideration of what HCPs think even if they are not having a political background. Expensive, yes and some has to pay for it, true! You can not afford a cheaper HCP or a facility service forever, especially if you are not a productive country such as manufacturing your own tools such as magnetic resonance imaging or computed tomography, or a simple blood tests revealing biochemistry parameters and other sine qua non things as well. Idealism may work in a simple facility with spon-

sors from else-where other than the government but the fact is that it will decrease the job satisfaction and productivity day by day which is again unacceptable in a care institution. Unless a proper assessment be made regarding the needs of medicine in that society, then eventually system will crush and may not heal-up for a considerable period of time. Today's less idealist young population unfortunately will replace the nation's next generation doctors. It will not be astonishing to notice those unsmiling face of the scientists and HCPs who are under the exposure of their peers playing Byzantine games in an environment where being jealous is ordinary, and having failed management program of the universities will diminish the research & development and the future of that country at the expense of sliding the money from education and health care to politicians' popularity and entertainment.

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